

N E W M E X I C O  
**TEEN PREGNANCY COALITION**  
P R E V E N T I O N • P A R E N T I N G

Dear Friends,

You are invited to renew your membership or become a member of the New Mexico Teen Pregnancy Coalition (NMTPC) in order to improve the health outcomes of youth and families in New Mexico.

Thanks to members' support, NMTPC service programs give our teens, their parents and young fathers the essential tools for healthier and more productive lives. NMTPC programs work to address the economic burden of teen births in our state. The estimated cost to New Mexico of teen childbearing for one year was \$590 million.<sup>1</sup>

Do you know what our programs have achieved?

- Nearly 6,500 community residents have participated in education and training on improving adult/youth communication around reproductive health issues.
- **Teen Outreach Program** has provided education and community service learning fostering youth development over the past three years in:
- Over 16,000 community members have taken part in **Plain Talk's** Home Health Parties encouraging parent and youth communication since 2006
- Since 1999, almost **2,700** young fathers and their families have benefitted from the **Young Fathers' Program** by helping them to be involved in their children's lives.

The evidenced-based **Teen Outreach Program** uses an age-appropriate curriculum and community service learning to foster positive youth development and prevent negative youth behaviors, such as teen pregnancy and school failure.

**Plain Talk** seeks to improve parent and youth communication about sex; decrease of teen pregnancies and births, STDs and HIV/AIDS; and increase sexually-active teens' access to contraceptives.

**Young Fathers' Program** supports fatherhood and male involvement through education and intensive case management of young fathers.

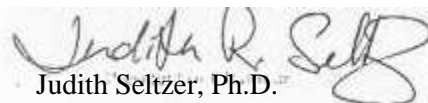
In each of these programs, NMTPC supports **Comprehensive Sexuality Education** improving teens' knowledge and attitudes to avoid risky sexual behaviors.

You can be an on-going champion of NMTPC's accomplishments by renewing your membership or becoming a member. Together, we can have a positive impact on generations to come.

Sincerely,



Sylvia Ruiz  
NMTPC Executive Director



Judith Seltzer, Ph.D.  
NMTPC Board President

<sup>1</sup> "The Economic Cost of Teenage Childbearing and Parenting in New Mexico: New Estimates" Philip T. Ganderton, Ph.D., Department of Economics, University of New Mexico. Published by NM Department of Health, Public Health Division – Family Planning Program, 2006.