

# NEW MEXICO TEEN PREGNANCY COALITION

## NEWS FLASH

# January 2011

Welcome to the January issue of the New Mexico Teen Pregnancy Coalition's

## NEWS FLASH

If you would like to be removed from the **NEWS FLASH** list, please use the connection at the end of this issue to communicate with us.

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- Center for Law and Social Policy
- Healthy Teen Network

#### **LOCAL RESOURCES - EVENTS AND NOTICES**

- Circle of Security
- NM Commission on the Status of Women
- NM Public Health Association
- NM Department of Health, Office of School and Adolescent Health
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#### **YOUNG FATHERS PROJECT**

**MESSAGE FROM SYLVIA RUIZ, EXECUTIVE DIRECTOR**

**2011 Legislative Champion Award Reception**

## **2011 Adolescent Pregnancy Prevention Day**

NM Teen Pregnancy Coalition will be hosting Adolescent Pregnancy Prevention Day during the 2011 Legislative Session. Exhibit opportunities are available to 13 organizations. **Join us to showcase your services and show your support of Adolescent Pregnancy Prevention Day at the Roundhouse!**

### **Details**

#### **Exhibit Location:**

State Capitol Building  
East and West Halls of History  
Santa Fe, NM 87501

#### **Exhibit Time:**

Tuesday, March 15, 2011 9:00 am – 3:00 pm

#### **Exhibit Fee:**

FREE - Exhibitors are assigned first come first served.

**Exhibitors are responsible for providing their own tables and chairs.**

#### **Participation:**

Space is limited to thirteen exhibitors. We highly encourage you to send in your Response Form early.

#### **Set-Up:**

8:00 am. All exhibits must be in place by 9:00 am.

#### **Breakdown:**

Breakdown must be completed by 3:00 pm. We ask that you do not break down early so that attendees have ample time to visit your exhibit.

Response form is attached

## **1000 Women March To Santa Fe**

1000 Women March

Friday, February 11 - 12:00pm - 3:00pm

Santa Fe- Railyard Park @Cerrillos Rd. & Guadalupe St.

[Kalpulli Izkalli](#)

Women throughout New Mexico will gather in Santa Fe to make our voices heard by the administration of Governor Susana Martinez.

The march will be to the State Capitol to show that New Mexico Families are on the rise. The march will begin at noon. It will start at Railyard Park at Cerrillos Rd. and Guadalupe St. and the march will end at the State Capitol for a rally at the Roundhouse, to be followed by a press conference @2:30 in Rotunda.

REGISTRATION FORM NEEDED IF PLANNING ON GOING WITH KAPULLI IZKALLI. LUNCH WILL BE PROVIDED FOR THOSE WHO REGISTER.

for more information contact: Kapulli Izkalli at (505) 452-99208 or by email: [izkalli@comcast.net](mailto:izkalli@comcast.net)

## **[From the National Campaign to Prevent Teen and Unplanned Pregnancies](#)**

**The tenth annual National Day to Prevent Teen Pregnancy will take place on May 4th, 2011. [Download our National Day brochure](#)**

### **The National Day to Prevent Teen Pregnancy**

The tenth annual National Day to Prevent Teen Pregnancy will take place on May 4, 2011. On the National Day, teens nationwide will be asked to visit [StayTeen.org](http://StayTeen.org) to participate in a number of online activities – including our popular National Day Quiz – that deliver teen pregnancy prevention messages and challenge them to think carefully about what they might do “in the moment.” The message of the National Day is straightforward: Sex has consequences.

Organized by The National Campaign to Prevent Teen and Unplanned Pregnancy, the National Day has widespread support from more than 200 national organizations and media outlets who serve as official National Day partners.

### **Why a National Day?**

The extraordinary declines in teen pregnancy and childbearing over the past two decades have proven to cynics that progress can be made on tough issues. In fact, few social problems have improved quite as dramatically over the past 20 years as teen pregnancy.

The latest news on the teen pregnancy front has been positive. The U.S. teen birth rate declined 6% in 2009 – the most recent year for which data is available – and is now at a record low.

Despite this progress, it is still the case that 3 in 10 girls get pregnant by age 20. This suggests that we all need to continue helping teens postpone their families until they are older, through school, and in stable, committed relationships.

We hope that – in some modest way – the National Day will help teens think carefully about sex, relationships, contraception, the possibility of pregnancy, and the lifelong challenges of being a parent.

### **Why a National Day?**

Teens can support the National Day by simply logging onto [StayTeen.org](http://StayTeen.org) on May 4th (and throughout May) and participate in our online National Day activities, including the National Day Quiz. The online Quiz will be posted in both English and Spanish beginning on May 1, 2011 and will be available throughout May. Print versions of the Quiz will also be available. The National Day Quiz is appropriate for teens ages 13 and up.

### **Making a Difference**

In 2010, more than 550,000 people participated in our online National Day activities – up from 450,000 in 2009. Participants were able to take the [National Day Quiz](#), play the [Stay Teen Block Party game](#), or enter the PSA Art Contest online. In addition, National Day Quiz discussion guides for [parents](#) and [teens](#) were available and were downloaded thousands of times.

Each year, we ask teens to tell us what they thought about the National Day Quiz in a post-quiz evaluation survey and many do. Among the findings from this year's survey:

- 77% said the Quiz made them think about what they might do in such situations;
- 66% said some of the situations in the Quiz were things that they or their friends had faced;
- 61% said they'd talk to their friends about the situations described in the Quiz;
- 60% said the Quiz made the risks of sex and teen pregnancy seem more real to them;
- 57% said they'd encourage others to take the Quiz;
- 55% said the Quiz made them think about things they hadn't thought about before;
- 54% said they'd learned something new from the Quiz about the consequences of sex; and
- 42% said they'd talk to their parents or other adults about the situations described in the Quiz.

### [From Advocates for Youth](#)

January 22 marks the 38th anniversary of *Roe v. Wade*, the landmark Supreme Court decision that protected a woman's right to legal abortion care in the United States.

Generations of women and men have worked tirelessly to ensure that women in America have access to the safe, legal medical care they need to make responsible decisions about their health and lives. [This week on Amplify, we're launching a blogathon in honor of Roe v. Wade — and we hope you'll join us.](#) Whether you decide to write a blog post, publish a video, or stop by to read others' thoughts on the need to preserve reproductive freedom in the 21st Century, we hope you'll join us.

### ***Did you know? 1 in 3 women in America will have an abortion in her lifetime.***

Despite the precedent of *Roe v. Wade*, it has been necessary to constantly defend women's rights to abortion care in America. No other safe, legal medical procedure has experienced the same kind of constant legal and cultural attacks. [Check out the blogathon today!](#)

In 1976, Congress prohibited federal funding for abortion services by passing the Hyde Amendment. Since then, social conservatives have worked tirelessly to pass state and federal laws that restrict a woman's right to decide when and if to become a mother. Last year alone, states enacted more than 30 new laws designed to limit women's reproductive rights and access to abortion — and Congress followed suit by including new restrictions on insurance coverage for abortion care in the health care reform law. As usual, the rights of young women (particularly minors) are most at risk.

### ***Did you know? In the years before *Roe v. Wade*, estimates of unsafe and illegal abortions reached 1.2 million per year.***

Just yesterday, the U.S. House of Representatives introduced the "No Taxpayer Funding for Abortion Act" — and we expect literally dozens of new attacks on abortion rights at the state level in the coming weeks and months. In many parts of the world, abortion is still completely banned, leaving women to seek dangerous, underground treatments that often put their health

— and their very lives — at risk.

Thankfully, a new generation of activists is committed to standing up for reproductive justice here in the United States and across the globe. [This blogathon is a time to tell our stories](#) — of activism, friendship, and shared purpose — and reaffirm our desire for a society that trusts and supports women's access to safe, legal abortion care without stigma, persecution, or judgment.

[Click here to join the blogathon now!](#)

In solidarity,

**Julia Reticker-Flynn**

Youth Activist Network Coordinator

Advocates for Youth

### [From the Welfare Peer Technical Assistance Network](#)

#### **Building a PEER TA Network State by State**

**Do you want to request Technical Assistance?** The Welfare Peer TA Network can provide Technical Assistance to States, Tribes, counties, localities, and community-based organizations operating a TANF program or providing services to TANF participants. Prior Technical Assistance events have helped participants identify effective practices for providing services, implement interagency service coordination, build linkages within and across State's agencies, and address other welfare-related topics. For more information or to request TA from the Welfare Peer TA Network, please see: <http://peerta.acf.hhs.gov/tarequest/index.cfm>.

#### **Highlight: Poverty in America Awareness Month**

In recognition of Poverty in America Awareness Month, Welfare Peer TA will highlight research on poverty throughout the United States.

#### [The Forgotten Fifth: Child Poverty in Rural America, 2009](#)

This report from the University of New Hampshire's Carsey Institute outlines the particular challenges facing poor children in rural America. One in five poor children in America lives in a rural area, and these children are more likely than urban children to be living in persistent, deep poverty, in areas that are persistently poor. The report depicts the demographic landscape of child poverty in rural America, while also addressing the roles of family structure, employment, and government assistance in the lives of the rural poor. The author urges policymakers to consider the unique challenges of the rural poor when developing programs and policies designed to combat poverty.

#### [An Update to "Simulating the Effect of the 'Great Recession' on Poverty", September 2010](#)

This paper is from the Brookings Institution, and authors provide an update to a September 2009 paper, which simulated the unemployment rate based on the data from 2009. Using recent data released by the Census Bureau, authors conclude that the recession is going to have a large impact on poverty for the next several years. The recent simulations reveal that the overall poverty rate could increase from 12.5 percent in 2007 to nearly 16 percent by 2014, and the child poverty rate could increase from 18 percent in 2007 to nearly 26 percent in 2014.

## **Announcements from OFA**

### **[\\$25 million available through HUD's new Rural Innovation Fund, January 2011](#)**

Funding is available for rural housing and economic development projects including microlending and IDAs! The Department of Housing and Urban Development announced that \$25,750,000 will be available for grants made through the Rural Innovation Fund (RIF).

The Rural Innovation Fund was included in President Obama's Fiscal Year 2010 budget request and was enacted by Congress with the 2010 Consolidated Appropriations Act. It replaces HUD's former Rural Housing and Economic Development Program. \$25 million was appropriated for the RIF in FY 2010, and HUD added to that amount an additional \$750,000 in unspent funds from the FY 2009 budget of the RHED Program.

HUD has established three categories of funding within the Rural Innovation Fund:

1. Single Purpose Grants: These projects identify a single area of need within a given rural area and propose specific activities to address that need. The maximum individual award in this category will be \$300,000 and a total of \$7.5 million will be available.
2. Comprehensive Purpose Grants: These projects have deeply examined the social, economic and housing needs and resources of a given rural area and propose a multi-pronged approach to address these multifaceted needs in a comprehensive manner. The maximum individual award in this category will be \$2 million and a total of \$13.25 million will be available.
3. Economic Development and Entrepreneurship for Federally Recognized Indian Tribes: These projects enable Indian tribes to promote economic development and entrepreneurship.

An eligible agency or organization may only apply once for funding through the Rural Innovation Fund. Indian tribes may apply for any one of the three funding categories and must specify which on their applications.

HUD has announced that it will give preference to projects that will leverage funds from other sources to support their activities and will also award bonus points on the application rating scale to projects located in and serving Empowerment Zones (EZs), Enterprise Communities (EC-IIs) and federally designated Renewal Communities (RCs) including the Lower Mississippi Delta Region, Appalachia's Distressed Communities and Colonias located in Arizona, California, New Mexico and Texas.

## **Welfare Resources**

### **[The Economic Impact of the Earned Income Tax Credit \(EITC\) in California, 2010](#)**

Abstract: Using Internal Revenue Service (IRS) data in an input-output (IO) model, this paper assesses the economic impact and foregone economic impact of the Earned Income Tax Credit (EITC) in the 58 counties in California in 2006, the most recent year for which data are available. Findings show EITC payments received by California residents contributed over \$5 billion in output and nearly 30,000 jobs to the state economy in 2007. The foregone economic impact of unclaimed payments is substantial as well. Foregone claims are estimated to total \$1.1 billion in 2007. If claimed, the payments would have contributed \$1.2 billion in output and 7,500 jobs to the state economy. This foregone impact was likely 20% to 25% higher during the year 2010, due to the recession and accompanying legislation. The foregone economic impact

is not spread uniformly across counties, but is more acute in counties where the presence of likely non-claimants is higher. Revamping and increasing efforts to increase the participation rate in the federal EITC program is probably a cost effective policy approach in terms of labor force participation and poverty reduction per state tax dollar spent. Please note that in order to download and access this paper, there is a financial cost to the requestor.

**[Since the Start of the Great Recession, More Children Raised by Grandparents, September 2010](#)**

From the Pew Research Center's Social and Demographic Trends Project, this report details a significant increase in grandparent involvement associated with the onset of the Great Recession between 2007 and 2008. Ten percent of all children in the United States live with a grandparent, with 41% of these children having their basic needs supported primarily by a grandparent. In 2008, 18% of grandparent caregivers had household incomes below the poverty line, with significant increases in grandparent care giving seen among households with incomes at least three times below the poverty level. In addition to highlighting demographic changes among grandparent caregivers, this report documents how grandparents value time spent with grandchildren and view themselves in their role.

**Welfare Peer TA Web site Highlight: TA Impact Map**

Welfare Peer TA has reached every State in the country with a TA intervention over our 13 years. We have implemented a new feature on our Web site to highlight TA interventions to date in a clickable map. Please [Click Here](#) to view our TA interventions around the country.

Thank you for your continued support of the Welfare Peer TA Network. With your help, together we can work to maximize the full potential of Welfare Peer TA!

Sincerely,

The Welfare Peer TA Team

**[From the Camino Public Relations](#)**

**2010 Sexual Health Media Report Now Available!**

## **Trends, analysis & what's next**

**Happy New Year!** Here is our second annual report aimed at helping leaders in the field take a look how the conversation about adolescent sexual health is shifting. We hope this analysis, along with predictions for 2011, will help you with media strategy for your organization or initiative. This report includes ten stand-out trends that defined the public discourse on adolescent sexual health, and looks ahead to the trends we predict will be most powerful in 2011. Please feel free to share the report, or contact us if you'd like a copy customized for your internal stakeholders.

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### **Our mailing address is:**

Camino Public Relations  
134 W. 18th Street  
New York, New York 10001

[Add us to your address book](#)

## **[From the Office of Juvenile Justice and Delinquency Prevention](#)**

### **AMBER Alerts Now Available on Facebook**

At a news conference today, Laurie O. Robinson, Assistant Attorney General for the Office of Justice Programs, joined representatives of the National Center for Missing & Exploited Children (NCMEC) and Facebook as they announced a partnership to enable 140 million Facebook users across the country to receive AMBER Alerts via their accounts.

The AMBER Alert program works to mobilize communities to search for and rescue abducted children. In serious child abduction cases, law enforcement issues bulletins that are distributed by media, the trucking industry, the wireless industry, and Internet service providers to a targeted audience. The AMBER Alert program has been credited with recovering 525 children.

Robinson remarked, "These efforts demonstrate the high priority this Administration places on child protection. While we can't fulfill every parent's dream and completely insulate children, we can promote programs and partnerships that protect children and help bring them home."

Resources:

For more information about the AMBER Alert program, visit [www.amberalert.gov](http://www.amberalert.gov).

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The [Office of Juvenile Justice and Delinquency Prevention](#) is a component of the [Office of Justice Programs](#) in the [U.S. Department of Justice](#).

## [From the Center for Law and Social Policy](#)

### [New Toolkit on Using Federal Funds for Integrated Service Delivery](#)

Due to low wages, lack of benefits, and inconsistent employment, many low-income workers are unable to meet their own and their families' basic needs through employment alone.

To help low-wage workers who must often navigate a fragmented system to obtain critically needed work-supporting services and benefits, CLASP has just released a [new toolkit](#) designed to aid state and local policymakers, program operators and advocates identify federal funding streams that can be used to support integrated service delivery.

Integrated Service Delivery means organizations provide multiple services and make it easy for clients to address both immediate and longer-term needs.

The toolkit focuses on the elements of the [Center for Working Families® \(CWF\)](#) model developed by the Annie E. Casey Foundation, which combines employment and career advancement, income enhancements and work supports, and financial and asset building services.

[Read more and find the full toolkit >>](#)

## [From the Healthy Teen Network](#)

### [HTN Trainings](#)

Healthy Teen Network provides skills-building, interactive trainings and customized technical assistance with high impact results for local, state, and regional organizations to improve program and organizational outcomes. A full list of trainings and workshops is available [online here](#).

Happy New Year!

As we enter into a new year, we are very excited for the important work we continue to do to support healthy youth and young families! In case you missed any of the products and resources we released in 2010, we have compiled this list:

- [Evidence-Based Resource Center](#)  
With a new federal focus on Evidence-Based Programs, Healthy Teen Network created this [web portal](#), which has all the information you need to implement evidence-based or innovative programs to reduce teen pregnancy.
- [A Time of Opportunity: Engaging Communities in Supporting Healthy Youth and Young Families](#)  
Our 2010 Conference in Austin was an enormous success, with hundreds of adolescent health professionals gathering to learn about the latest research, build skills, and network. [Photos](#) and [conference materials](#) are available online.
- [Helping Pregnant and Parenting Teens Find Adequate Housing](#)  
Understanding the resources available and law applicable to young parents to assist

them in finding adequate housing is one way to help address the problem of homelessness among adolescent parents in the United States today. The [American Bar Association Center on Children and the Law](#) and Healthy Teen Network collaborated to develop [this overview](#) of housing-related legal and policy issues with which advocates for young families should be familiar.

- [The Core Components of Supportive Housing for Pregnant & Parenting Teens](#)  
Articulating core components based on what we know ensures success among pregnant and parenting teens utilizing supportive housing services that embrace them and helps set a standard for the field. Healthy Teen Network and [Child Trends](#) developed these two resources: [The Core Components of Supportive Housing for Pregnant & Parenting Teens](#), which defines and details what the core components include, and [The Core Components of Supportive Housing for Pregnant & Parenting Teens: Findings from the Field](#).
- [Opportunity Knocks](#)  
Healthy Teen Network has made available all the resources you need to conduct your own [Opportunity Knocks](#) presentation. The goal of this presentation is to educate and empower youth workers, unfamiliar with the field of sexual and reproductive health, to make the most of teachable moments with the young people they serve regarding safer sex and contraceptive choices.
- [Creating Healthy Opportunities: Conversations with Adolescent Health Experts](#)  
As a [PIPPAH](#) (Partners in Program Planning for Adolescent Health) grantee, HTN worked as part of the Collaborative Project Committee to release this series of print and podcast interviews, [Creating Healthy Opportunities: Conversations with Adolescent Health Experts](#). The series features Shay Bilchik, JD; Jane Brown, PhD; Angela Diaz, MD, MPH; Abigail English, JD, and Richard Kreipe, MD.

Catch up with what we did the previous year, through our most recent [Annual Report](#). Be sure to keep up with us on our [website](#), and on [Facebook](#), [Twitter](#), and [YouTube](#)!

#### Input for a Strategic Plan for Federal Youth Policy

The U.S. Department of Health and Human Services is requesting public comments to inform the development of a strategic plan for Federal youth policy. The Interagency Working Group on Youth Programs has identified a number of questions to focus on, and the Working Group is particularly interested in receiving comments addressing some or all of these questions:

- What is the single most important thing youth need to be successful?
- What programs really make a difference in the lives of youth? How do you know this?
- What are the barriers to collaborating to improving youth outcomes and how can these barriers be removed?
- What can federal agencies do to assist? What are your ideas for federal policy to improve the coordination, effectiveness, and efficiency of programs affecting youth?
- How can youth be engaged in these efforts?

For more information and to find out how to submit your comments and be part of this important conversation, visit [findyouth.info](#).

#### Healthy Teen Network Member Spotlight:

The Oklahoma Initiative for Child Advocacy Linking Risk-Reduction and Youth Development Strategies

### PSI High School Peer Educators

The [December 2010 issue of the HTN Spotlight](#) featured positive youth development resources and programs. One organization that employs positive youth development strategies in their programs is [The Oklahoma Institute for Child Advocacy](#) (OICA), an organizational member of Healthy Teen Network.

From 1995-2002, OICA directed one of 13 CDC-funded, community teen pregnancy prevention projects, targeting diverse, central Oklahoma City neighborhoods with high teen birth and poverty rates. The overarching goal was to link effective risk-reduction programs with key youth development strategies. As part of that initiative, OICA and the University of Oklahoma Health Sciences Center (OUHSC) developed the Youth Asset Study research project, exploring the relationships of adolescent health risk behaviors and specific protective factors (youth assets).

OICA directs a faithful replication of the original "Postponing Sexual Involvement for Young Teens" (PSI) program in low-income, diverse middle schools using a youth development framework. The adult-led sexuality education lessons are followed by sessions on peer pressure, media messages and refusal skills led by high school peer educators. Annual independent evaluations have documented significant changes in attitudes, knowledge, intentions, and behavior--a program that works!

### January is Cervical Health Awareness Month

The United States Congress designated January as Cervical Health Awareness Month. As part of a nation-wide education effort surrounding Cervical Health Awareness Month, the National Cervical Cancer Coalition (NCCC) is asking that state and local supporters of the NCCC mobilize to get the word out about cervical cancer and HPV.

NCCC suggests three ways in which people can help raise awareness about cervical health:

- Distribute NCCC's cervical cancer/HPV press release to state and local media;
- Enlist radio stations to announce Public Service Announcements (PSA) on cervical cancer and HPV; and
- Seek placement of the NCCC's "print" and Radio public service announcement in local newspapers and magazines.

More information and resources are available [online](#).

### Save the Date for Healthy Teen Network's 32nd Annual National Conference!

Mark your calendar now for Healthy Teen Network's 2011 Conference, Bridging the Gender Divide: Toward a Balanced Approach to Promoting Healthy Youth and Young Families. The conference will be held October 11-14, 2011 in Pittsburgh, PA.

Stay tuned to future emails and [www.HealthyTeenNetwork.org](http://www.HealthyTeenNetwork.org) for conference updates.

Not yet a member of Healthy Teen Network? [Join today!](#)

NOTE: Healthy Teen Network does not endorse any item listed in the Healthy Teen Network E-gram or Healthy Teen Network Spotlight.

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phone (410) 685-0410  
fax (410) 685-0481  
[www.HealthyTeenNetwork.org](http://www.HealthyTeenNetwork.org)

Each month the New Mexico Teen Pregnancy Coalition provides a review of the research and policy reports distributed by National and Local Resources for your information only. The information, and comments expressed in the News Flash as well as any of the information distributed do not necessarily reflect the position of the NMTPC or its funders. Therefore, NMTPC assumes no responsibility for the concepts expressed in this [NEWS FLASH](#).

### [From Circle of Security:](#)

Circle of Security DVD Training in New Mexico!!!!

**Circle of Security®** has created a new DVD parenting education program offering the core components of the evidence-based and internationally acclaimed COS® protocol. This 4-Day seminar trains professionals to use an eight-chapter DVD to educate parents and caregivers. The program presents video examples of secure and problematic parent/child interaction, healthy options in care giving, and animated graphics designed to clarify principles central to COS®. **Circle of Security Parenting©** implements decades of attachment research in an accessible step-by-step process for use in group settings, home visitation, or individual counseling. [Watch a sample of the DVD](#)

**Dates:** March 8-11, 2011

**Who should attend?** Social Workers, Marriage and Family Therapists, Mental Health Counselors, Home Visitors, Family Support Workers, Outreach Workers, Behavior Support Specialists, and anyone providing parenting education and/or counseling to parents of young children

**Location:**

Congregation B'nai Israel  
4401 Indian School Road Northeast  
Albuquerque, NM 87110-3914

**Cost:** \$1000 (includes COS Parenting© DVD, COS Parenting Training© Manual, Parent Handouts, License to use the above materials to teach COS Parenting© to caregivers\*)

**\$100 discount** with full payment by February 8th. Tuition (minus \$200 cancellation fee) is refundable through February 22nd.

**Group rate** information is available as a download at [www.circleofsecurity.net](http://www.circleofsecurity.net).

**Register:** Go to [www.circleofsecurity.net](http://www.circleofsecurity.net). For questions, contact Kaaren Bloom at [info@circleofsecurity.org](mailto:info@circleofsecurity.org) or 509-462-2024

\*DVD may only be used by those who have completed the 4-Day training. Completion of the 4-Day training does not grant permission to train others in the use of the DVD.

*"In piloting COS Parenting© I watched parents integrate new insights rapidly and effortlessly. A new sense of understanding and confidence followed, allowing them to respond to their children in ways that were noticeably more secure."*

- Angeles Morcuende, MD, University of Iowa

**Learning Objectives for the Training:**

- Understand the theoretical foundation of the Circle of Security®
- Build a secure base/safe haven relationship with caregivers
- Shift caregiver focus from behavior management to enhancing the quality of relationship
- Understand specific steps to build self-reflection in caregivers
- Use video examples to support increased empathy in caregivers
- Identify new options to help caregivers manage emotions
- Learn step-by-step approaches for promoting secure attachment in children

[From the NM Commission on the Status of Women](#)

FOR IMMEDIATE RELEASE

Contact: (505) 222-6600 or 1-800-432-9168

**HONOR THE EXTRAORDINARY WOMEN IN YOUR LIFE**

Nominations are Being Accepted for the 26<sup>th</sup> Annual  
*Governor's Award for Outstanding New Mexico Women*

Albuquerque, NM (January 13, 2011) – Nominations are now being accepted for the 26<sup>th</sup> Annual *Governor's Award for Outstanding New Mexico Women* through Friday, February 18, 2011. Sponsored by the NM Commission on the Status of Women, this annual event recognizes women from all areas of the state for their leadership in their profession and community.

"We are honored to receive the nominations from every corner of the state of every day women doing extraordinary things," states Executive Director Mary Molina Mescall. "Whether silently working in the background on issues important to them or the vocal leaders of our communities, New Mexico women are the strength of our families, communities and state."

This year's award banquet will be held on Friday, May 6, 2011 at the Hotel Albuquerque in Old Town. Twenty nominees will be selected to receive the most distinguished award honoring New Mexico women.

Nominations are encouraged from every community in the state. Forms can be requested by contacting the Commission office in Albuquerque at 222-6600 or toll-free at 1-800-432-9168. Forms and instructions are also available on the Commission's web site at [www.womenscommission.state.nm.us](http://www.womenscommission.state.nm.us)

**Kathi Brown**

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[www.womenscommission.state.nm.us](http://www.womenscommission.state.nm.us)

**From the New Mexico Public Health Association**

[From the NM Department of Health, Office of School and Adolescent Health](#)

**HEAD TO TOE 15**

*Join Us April 12 - 14, 2011 for*  
***New Mexico's Premiere School Health Conference***  
**ALBUQUERQUE**

A Conference for People Working to Improve Student Health and Academic Success

**H2T Web Site Goes Live - Registration Opens Today!**

Every year, professionals working to improve the health and academic success of our youth gather in Albuquerque to share information, resources, and to network with each other at the Head to Toe Conference. Will you join us?

We have an amazing line-up of keynotes, sessions and special presentations which are detailed on the conference [WEB SITE](#).

Head to Toe continues its tradition of providing outstanding programming and networking activities for school nurses, counselors, social workers and others working with youth in our schools and communities.

Register before March 21 to take advantage of the Early-Bird registration rate. Your investment gives you access to:

- 59 breakout sessions
- Two dynamic keynote presentations
- Conference materials
- Exhibit hall with giveaways
- Continental breakfast, lunch and snacks both days
- Two parking passes (valued at \$12)
- Entry in door prize drawing for free registration to Head to Toe 16
- If eligible, continuing education credit

The **Head to Toe Conference** continues to push the envelope to bring you outstanding and relevant programming. This year we will explore technology, cyber bullying and how we can create safe environments in our schools. There are sessions on youth involvement, substance abuse and delivery of behavioral health services. Trauma is explored in a series of sessions as well as physical activity and nutrition. There really is something for everyone - 59 breakout sessions in all!

The [preconference on April 12](#) offers four, half day Learning Labs for those wishing to explore topics in more depth. Additionally, School-based Health Center coordinators and clinical staff can experience a full day Summit designed particularly for their needs.

We have two dynamic keynote presenters and have made arrangements for a very special presentation by students from United World College in Las Vegas, NM. We also welcome youth from Warehouse 508 who will introduce us to slam poetry, Head to Toe style. You'll see youth involvement in some of the breakouts and in our exhibit area we are adding poster

sessions by students. Mentor Books will be back once again with a broad selection of books you'll want to add to your collection.

A new component to the conference is a Wellness Walk and Wake Up to Wellness stress reduction sessions that we have added in recognition of national Stress Awareness Month.

There should be no stress, however, in making the decision to register for the Head to Toe conference. You'll receive an outstanding return on your investment and leave with new information, new ideas and new friends.

**We look forward to seeing you at Head to Toe 15!**

**GO TO <http://www.kessjones.com/> TO LEARN MORE.**

### **CONFERENCE TIP**

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#### **Select Your Breakout Sessions before Registering Online**

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When you register for the conference, you will be asked which breakout sessions you plan to attend. Although preselecting doesn't guarantee you a seat and you can change your mind at the conference, this information helps us assign appropriate-sized rooms for sessions. Expedite your registration process by knowing which sessions you plan on attending prior to registering. Session descriptions for each breakout can be found on the conference web site. Now that you're prepared, you'll breeze through registration!

#### **From the NM Public Education Department**

### **SCHOOL HEALTH EDUCATION INSTITUTE MARRIOTT PYRAMID ALBUQUERQUE MARCH 29 & 30, 2011**

After reflecting upon 2010, do you feel like something was missing? As you may have noticed, SHEI did not take place, but don't worry, we're back! However, we have a new focus. Thanks to legislation in 2010, health education is now a requirement for graduation beginning with students entering the eighth grade in the 2012-2013 school year.

Therefore, the School Health Education Institute has now become the School Health Educator Institute. What does this mean? SHEI is now limited to PED licensed teachers with an endorsement in health education or those identified to teach the health education requirement in their school.

If you are still eligible to attend and want to learn more, view the official save the date SHEiPad, by clicking the link at the bottom of the page. From there you'll be able to browse our frequently asked questions, visit the [2011 SHEI website](#), send us an e-mail, or add the Institute dates straight to your Outlook calendar! (Calendar function compatible with Internet Explorer users only.)

Please contact the Institute Management Office, Kesselman-Jones, Inc. if you have any questions. [SHEiPad Save the Date](#)

## [Message from the Young Fathers' Program](#)

The Young Fathers Project staff is gearing up for the 12<sup>th</sup> Annual National Fathers and Families Conference **Celebrating Diversity-Celebrating Fatherhood**. It is our hope that this conference will provide our organization with training tools for continued professional development, support and resources to young fathers and their families.

NMTPC/YFP is excited to announce the updated Young Fathers Program website. The website has new added links with information on the health and well-being of young fathers. In addition, we will have new and updated photographs in the coming months. Our website address is [www.youngfathers.org](http://www.youngfathers.org)

**Our Program continues to deliver services to young men who are the biological fathers or are in a parenting role and are under the age of 26.**

Our expert staff is available to provide trainings on male involvement to community providers. Contact information is listed below.

### **Referral form for the New Mexico Young Fathers Project**

If you know a struggling young father under the age of 26 – We can help! [Download the form](#) and send your referral to Jessica Tafoya, Fax (505) 254-8741 or email to [comm-lia@nmtpc.org](mailto:comm-lia@nmtpc.org), in the **Albuquerque Area**. If you are in the **Las Cruces area**, send the referral form to Gary Madrid, [gj02madrid@yahoo.com](mailto:gj02madrid@yahoo.com) or call (575) 532-1536

For information on the Young Fathers' Project please call:

Albuquerque  
Jessica Tafoya  
Community Liaison  
(505) 254-8737  
(505) 254-8741 Fax

Las Cruces  
Gary Madrid  
Adolescent Pregnancy Prevention  
Coordinator  
(575) 532-1536

Gilbert Ramirez, MSW  
Clinical Consultant  
(505) 254-8737

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