

# NEW MEXICO TEEN PREGNANCY COALITION

## NEWS FLASH

April 2006

Welcome to the April issue of the New Mexico Teen Pregnancy Coalition's  
**NEWS FLASH**

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**A. Sex Has Consequences Online and Broadcast PSAs Now Available PSAs Can Be Customized With Your Organization's Name and Logo**

The National Campaign is pleased to offer a series of public service announcements (PSAs) featuring the theme "Sex Has Consequences." The series of 15- and 30-second PSAs are the result of a contest for young filmmakers and were judged by a panel of teens. These PSAs are now available for online preview at [www.teenpregnancy.org/psa](http://www.teenpregnancy.org/psa). Beginning today, the National Campaign will offer these PSAs to individuals and organizations interested in using them on their websites, in presentations, or for broadcast purposes. The PSAs are available on:

- DVD for use in classrooms and in presentations
- CD-ROM with media files for online placement and use in PowerPoint presentations
- Beta SP, the format preferred by many broadcasters
- Additionally, these PSAs can be customized with your organization's name and logo. Visit [www.teenpregnancy.org/psa](http://www.teenpregnancy.org/psa) for additional information about ordering and using these PSAs.

**B. New Science Says Fact Sheets on Teen Attitudes and Sexual Experience**

The National Campaign now has available two new "Science Says" research briefs on teen's attitudes toward pregnancy and childbearing and teens' sexual experience. Visit the Campaign's website to review or download these briefs.

These two Science Says documents are the latest in a series of briefs (now numbering 22) prepared as part of the National Campaign's CDC-funded "Putting What Works to Work Project." Its contents are solely the responsibility of the authors and do not necessarily represent the official views of CDC.

**C. National Campaign's Faith-Related Publications ON SALE NOW!**

The National Campaign's publications about faith communities' role in preventing teen pregnancy are 50% off for a limited time, including the popular "Nine Tips for Faith Leaders." To purchase these publications and others, visit the National Campaign's online store.

**D. State by state TANF funding and pregnancy prevention**

The Center for Law and Social Policy (CLASP) created a state-by-state chart on states' use of federal Temporary Assistance for Needy Families (TANF) and state maintenance of effort (MOE) funds in fiscal year 2004. Please take a look at your state's information to see if your state is using TANF funds for pregnancy prevention efforts. For more information, visit CLASP's website at [www.clasp.org/publications/state\\_moe\\_fy04.htm](http://www.clasp.org/publications/state_moe_fy04.htm).

We encourage teen pregnancy prevention leaders to educate human services officials that teen pregnancy prevention is a critical strategy for reducing child poverty and further reducing the welfare rolls. Please visit the National Campaign's website at [www.teenpregnancy.org/whycare/whatif.asp](http://www.teenpregnancy.org/whycare/whatif.asp) to see how declining teen birth rates have contributed to reducing the number of children living in poverty and living with single mothers in your state. TANF funds can be used for teen pregnancy prevention efforts.

Please keep in mind that:

- Almost one-half of all teen mothers and over three-quarters of unmarried teen mothers

began receiving welfare within five years of the birth of their first child.

- Some 52 percent of all mothers on welfare had their first child as a teenager.
- Teen mothers are less likely to complete the education necessary to qualify for a well-paying job—only 41 percent of mothers who have children before age 18 ever complete high school compared with 61 percent of similarly situated young women who delay child bearing until age 20 or 21.

The National Campaign's publication "Ready Resources: Investing Welfare Funds in Teen Pregnancy Prevention," provides practical guidance on how states and communities can use available TANF money to fund traditionally cash-strapped initiatives to prevent teen pregnancy. While it was released in 2000, most of the information is still applicable. It is available for purchase on our website for \$10/copy at [www.teenpregnancy.org/store/item.asp?productId=199](http://www.teenpregnancy.org/store/item.asp?productId=199).

### **E. Contact information for marriage programs**

About a month ago, we sent information via email alerting you about new Healthy Marriage and Responsible Fatherhood funding included in welfare reform reauthorization. The Healthy Marriage funding may be used to educate high school students on the value of marriage, relationship skills, and budgeting. If you are interested in applying for this funding (the grant announcement is expected soon), we encourage you to identify local marriage coalitions in your area and see how you might partner with them. One way to identify these coalitions is by contacting the HHS' Administration for Children and Families Regional Marriage Contacts. Please see the attached Word document for those individuals with contact information.

For more information on the Healthy Marriage Initiative, including funding opportunities, please go to [www.acf.hhs.gov/healthymarriage/](http://www.acf.hhs.gov/healthymarriage/). Please be on the lookout for additional information about these grants. Note that applicants will be able to find a synopsis of all ACF grant opportunities and apply electronically for opportunities via [www.Grants.gov](http://www.Grants.gov).

For more information on teens and marriage, please see the National Campaign's two Science Says research issue briefs:

- Science Says # 16: Teens' Attitudes Toward Marriage, Cohabitation, and Divorce, 2002 at [www.teenpregnancy.org/works/pdf/Science\\_Says\\_16\\_Attitudes\\_Toward\\_Marriage.pdf](http://www.teenpregnancy.org/works/pdf/Science_Says_16_Attitudes_Toward_Marriage.pdf)
- Science Says #11: The Relationship Between Teenage Motherhood and Marriage at [www.teenpregnancy.org/works/pdf/TeenMothersMarriage.pdf](http://www.teenpregnancy.org/works/pdf/TeenMothersMarriage.pdf)

In addition, stay tuned for a forthcoming National Campaign publication by Barbara Dafoe Whitehead and Marline Pearson called Making a Love Connection: Teen Relationships, Pregnancy, and Marriage.

## **2. New from Advocates for Youth**

- A. "Abstain or Use Your Brain"
- B. National Teen Pregnancy Prevention Month is Fast Approaching
- C. Apply NOW for the Eighth Annual European Study Tour!
- D. Fund-Raising Tips!
- E. News and Opportunities

### **A. "Abstain or Use Your Brain"**

On March 10th, marking the first annual National Women and Girls HIV/AIDS Awareness Day, Advocates for Youth launched part one of a two-part national education campaign focusing on young women of color actively avoiding and/or reducing risk for HIV.

In honor of National Women and Girls HIV/AIDS Awareness Day, Advocates also released two new issue briefs addressing the disproportionate effect of HIV on women of color, specifically young Latina and African American women.

To read the press release, please visit: [www.advocatesforyouth.org/news/press/031006.htm](http://www.advocatesforyouth.org/news/press/031006.htm)

To learn more about HIV in communities of color, please visit:  
[www.mysistahs.org/health/HIV/index.htm](http://www.mysistahs.org/health/HIV/index.htm)

To read the new publications, please visit:

Sexual Health of Latina Adolescents – Focus on Assets  
[www.advocatesforyouth.org/publications/frtp/latina.htm](http://www.advocatesforyouth.org/publications/frtp/latina.htm)

Young African American Women and HIV  
[www.advocatesforyouth.org/publications/frtp/youngaawomen.htm](http://www.advocatesforyouth.org/publications/frtp/youngaawomen.htm)

## **B. National Teen Pregnancy Prevention Month (NTPPM) Is Fast Approaching**

Start planning your events now!

May is National Teen Pregnancy Prevention Month. Please join Advocates for Youth in promoting and supporting effective teen pregnancy prevention initiatives. Download the updated guidebook which provides strategic tips and examples to help local communities plan and implement activities for NTPPM. It also includes fact sheets, guidance for involving youth and working with the media, and sample forms.

For more information, please visit: [www.advocatesforyouth.org/publications/ntppm.htm](http://www.advocatesforyouth.org/publications/ntppm.htm)

Or, to find evaluated, effective programs, visit:  
[www.advocatesforyouth.org/programsthatwork/index.htm](http://www.advocatesforyouth.org/programsthatwork/index.htm)

## **C. Apply NOW for the Eighth Annual European Study Tour!**

Advocates for Youth and the University of North Carolina at Charlotte are sponsoring their eighth European study tour, October 20–November 6, 2006. Apply now to travel to Netherlands, France, and Germany to identify the strategies, programs, and policies that have positively influenced adolescent sexual behavior and outcomes in these countries.

For more information and to download the application, please visit:  
[www.advocatesforyouth.org/news/events/stdytour.htm](http://www.advocatesforyouth.org/news/events/stdytour.htm)

## **D. Fund-Raising Tips!**

Advocates for Youth has added four new publications to the “From Research to Practice” series. Read how you can effectively work with individual funders and foundations.

Approaching Foundations – [www.advocatesforyouth.org/publications/frtp/foundations.htm](http://www.advocatesforyouth.org/publications/frtp/foundations.htm)  
Cultivating Individual Donors - [www.advocatesforyouth.org/publications/frtp/indivdonors.htm](http://www.advocatesforyouth.org/publications/frtp/indivdonors.htm)  
Fund-Raising Tips for Local Organizations -  
[www.advocatesforyouth.org/publications/frtp/fundraisingtips.htm](http://www.advocatesforyouth.org/publications/frtp/fundraisingtips.htm)  
The Heart of Fund-Raising – [www.advocatesforyouth.org/publications/frtp/fundraising.htm](http://www.advocatesforyouth.org/publications/frtp/fundraising.htm)

## **E. News and Opportunities**

Wednesday, May 10, 2006 - "At Promise, Not At Risk: Youth Development in America's Home Town" sponsored by the DC Campaign to Prevent Teen Pregnancy. This half-day event (morning) is designed to advocate for improved services for teens, including pregnancy prevention; increase awareness of youth development as a teen pregnancy prevention strategy; and build will for implementing a proven model in DC. Guest speakers include Dr. Michael Carrera. For more information, contact the DC Campaign to Prevent Teen Pregnancy at 202-789-4666.

April 2, 25, & 26 - "Teens, Sex, & The Law" a daylong workshop in three locations (Flagstaff, Phoenix, & Tucson) presented by the Arizona Coalition on Adolescent Pregnancy & Parenting (ACAPP). For more information, go to [www.azteenpregnancy.org](http://www.azteenpregnancy.org). Register online after April 5 by clicking on "Provider" toolbox.

New Publication! Sex Ed 101: A Collection of Sex Education Lessons by Bill Taverner. This publication features 10 updated lessons from various manuals published by Planned Parenthood of Greater Northern New Jersey, including Making Sense of Abstinence, Positive Images, Streetwise to Sex-Wise, Teacher Safer Sex, and Unequal Partners. The collections sell for \$25 per book. For additional information, call 973-539-9580 x120 or email [joyce.korbylo@ppfa.org](mailto:joyce.korbylo@ppfa.org).

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## **3. New from the Center for Law and Social Policy**

**April 10, 2006**

**Child Care Assistance Helps Families Work: A Review of the Effects of Subsidy Receipt on Employment by Hannah Matthews.** Reliable and stable child care helps parents retain steady employment and reduces workplace absenteeism, but the high costs of care challenge many families, particularly low-income working parents. Child care assistance can help. This policy brief reviews relevant research and finds that low-income mothers who receive child

care subsidies are more likely to be employed, to stay off welfare, and to have higher earnings. For that reason, increasing investments in child care assistance is necessary to help families move from welfare to work and to help low-income parents continue working.

**[Breaking Down Barriers Between Immigrant Families and Early Education: Project Overview and Preliminary Impressions \(PowerPoint\)](#) by Deena Jang and Hannah Matthews.**

CLASP's Breaking Down Barriers project is intended to address the barriers immigrant families face in accessing high-quality early education programs. This presentation offers background and preliminary impressions from CLASP's site visits in sample states across the country and interviews with immigrant-serving organizations, immigrant community leaders, policymakers, and others. Challenges and barriers identified include: too few connections between early education providers and immigrant-serving organizations; too few bilingual and bicultural providers; and a lack of affordable, high-quality programs in communities.

**[Wising Up: How Government Can Partner With Business to Increase Skills and Advance Low-Wage Workers](#) by Amy-Ellen Duke, Karin Martinson, and Julie Strawn.**

Helping low-wage workers upgrade their skills is a critical part of public policies to advance workers and to attract and retain "good" jobs—those that pay enough to support a family and offer health care, sick leave, and other important benefits. One promising approach has states and local governments partnering with business and industry to train workers and encourage the creation and retention of good jobs. This report examines five such training partnerships underway in four states, and offers innovative practices, challenges, and lessons learned for states and localities.

**CLASP Audio Conferences – Now Free and Online!**

Starting this month, our audio conferences will become free audio files, available right from your computer. While we hope this makes our calls accessible to even more listeners, we don't want to lose sight of the collaboration and discussion that our audio conferences spark—we still encourage you to convene your colleagues and hold a lunchtime session. You can stream the audio or burn a CD and play it in your organization's conference room!

The most recent Audio Conference is now available: Marriage and Fatherhood. Register in advance for upcoming Audio Conferences and receive reminders, as well as links to accompanying resources. [www.clasp.org/audioconf.php](http://www.clasp.org/audioconf.php)

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The Center for Law and Social Policy (CLASP), a national, nonprofit organization founded in 1968, conducts research, policy analysis, technical assistance, and advocacy on issues related to economic security for low-income families with children. For more information about CLASP, visit [www.clasp.org/](http://www.clasp.org/)

Center for Law and Social Policy  
1015 15th Street, NW, Suite 400  
Washington, DC 20005  
(202) 906-8000  
(202) 842-2885 fax

#### [4. New - Updates from the Welfare Peer TA Network](#)

**New funding opportunities have been posted on the Welfare Peer TA Website!** For more information on the funding opportunities below, please see:

<http://peerta.acf.hhs.gov/whatsnew/index.htm#funding>.

**Special Improvement Project (SIP)** - The Administration for Children and Families (ACF), Office of Child Support Enforcement (OCSE), invites eligible applicants to submit competitive grant applications for special improvement projects, which further the national child support mission, vision, and goals. Applications will be screened and evaluated as indicated in this program announcement. Awards will be contingent upon the outcome of the competition and the availability of funds.

Be sure to check the **What's New** page for the most current information and resources from the Welfare Peer TA Network at <http://peerta.acf.hhs.gov/whatsnew/index.htm>. The What's New page includes the following resources:

**"Stability and Change in Child Care and Employment: Evidence from Three States."**

This article, through MDRC, reviews trends of child care use over time and examines various ways in which it might be considered unstable by changing providers or by dropping care for a month or more. It concludes by measuring the association between child care instability and employment instability. To view or download, please see:

<http://peerta.acf.hhs.gov/policies/support.htm#childcare>.

**"The High Cost of Being Poor: What it Takes for Low-Income Families to Get By and Get Ahead in Rural America."**

This article through the Annie E. Casey Foundation reviews the high cost of poverty for working families in rural areas. It identifies challenges for working families in rural communities such as the high cost of health care, housing, and basic needs.

To view or download, please see: <http://peerta.acf.hhs.gov/policies/poverty.htm#rural>.

**"The Interaction of Child Support and TANF: Evidence from Samples of Current and Former Welfare Recipients."**

With the welfare reform of 1996, moving families off welfare and into self-sufficiency became a key focus. While child support can provide necessary supports for women moving off welfare, the interaction between the divisions of child support and welfare is crucial to helping support low-income families on their path to self-sufficiency. This article, through MDRC, evaluates the status of welfare recipients in the child support system. To view or download, please see:

<http://peerta.acf.hhs.gov/policies/support.htm#support>.

The following resource is part of our continued commitment to highlight Fatherhood-related resources. For more information on the following article, please see

<http://peerta.acf.hhs.gov/policies/family.htm#responsible>.

**"Family Structure, Father Closeness, and Drug Abuse: A Report from the National Fatherhood Initiative."**

This paper reviews the effects of family structure on adolescent drug use. It found that in nearly all cases, family structure was a statistically significant predictor drug use. Additionally, the results prove the importance of fatherhood, because when mother closeness and family structure are controlled, father closeness is statistically significant in affecting adolescent drug use.

**New questions** have been posted to the Welfare Peer TA Website:

- What are other states doing in regards to contractor incentives and pay-for-performance contracts? Which states have contracts where payment is based on clients achieving certain outcomes and what percentage of payment in those contracts is based on clients achieving those outcomes? To submit an answer to this question, please see: [http://peerta.acf.hhs.gov/qa/resp\\_form.cfm?quesID=1159](http://peerta.acf.hhs.gov/qa/resp_form.cfm?quesID=1159).

Please take the time to participate in the national dialogue surrounding TANF-related issues! Would you like to submit questions to and receive answers from your peers? Submit a question to our Q and A page at: [http://peerta.acf.hhs.gov/qa/ques\\_form.cfm](http://peerta.acf.hhs.gov/qa/ques_form.cfm).

## **5. New from the Healthy Teen Network**

### NEW WEBSITE

#### Healthy Teen Network Launches New Website and Members Only Section

On March 1, Healthy Teen Network launched it's NEW website which not only provides the public with a comprehensive array of resources and research, but also offers its members exclusive access to current and archived publications, electronic newsletters, recent funding opportunity announcements, workshop and other presentation materials, special promotions and more. Healthy Teen Network is the only national membership network that serves as a leader, a national voice, and an educational resource to professionals working in the area of adolescent reproductive health – specifically teen pregnancy prevention, pregnancy and parenting. To view the redesigned website, please visit [www.healthyteennetwork.org](http://www.healthyteennetwork.org)

We hope you enjoy the new site!

#### **Conference: Coming of Age: Supporting Teens and Young Families in the 21st Century**

November 15-18, 2006  
Hyatt Regency Orange County  
Anaheim, CA

For more information, please contact:

Laura E. Brittingham  
HTN Conference Manager  
(202) 547-8814

### **CALL FOR PROPOSALS**

#### **Coming of Age: Supporting Teens and Young Families in the 21st Century**

Healthy Teen Network and the California Alliance on School Age Parenting and Pregnancy Prevention (CACSAP) are issuing a call for Workshop Proposals: April 7, 2006 Deadline. Our conference attracts more than 800 professionals who work on behalf of adolescents and their

children to reduce teen pregnancy, promote beneficial decisions regarding sexuality and reproductive issues, ensure healthy pregnancies, and support teen parents to raise healthy children. This year, the conference is being held November 15-18, 2006 in Anaheim, California, at the Hyatt Regency Orange County.

Program administrators, advocates, childcare providers, family planning providers, youth workers, educators, nurses, physicians, midwives, social workers, school officials, researchers and others are invited to share their expertise at this multi-disciplinary conference. Please use the links to the left of this email or refer to the Conferences à Call for Proposals section on Healthy Teen Network's website ([www.HealthyTeenNetwork.org](http://www.HealthyTeenNetwork.org)) to download the application, view Healthy Teen Network's Mission Statement and get assistance with the conference theme, focus areas and objectives. For information about CACSAP and to read their Mission Statement you may refer to the "About Us" section of the CACSAP website at [www.CACSAP.org](http://www.CACSAP.org). Conference registration is not yet being accepted but will be available on the website in the near future.

## **6. New from the Channing Bete Company**

### **Healthy Communities e-newsletter**

*Strengthening Individuals, Families, and Communities*

### **Teens and HIV: Mothers' Guidance Reduces HIV Risk for Teenage Girls**

Researchers at the University of Illinois at Chicago (UIC) have found that maternal guidance can play a major role in decreasing the risk of HIV infection among teenage girls. The study examined 262 low-income, African American girls ages 11 to 14 at high risk of contracting the virus. "We discovered that adolescents who rely on their parents, as opposed to their friends or others, for direction and guidance were significantly less likely to engage in high-risk HIV behavior," said head researcher Barbara Dancy, professor of public health, mental health, and administrative nursing in UIC's College of Nursing. Of all female teens with HIV or AIDS, more than two-thirds are African American. The study appears in the February 1, 2006, issue of the Journal of Health Care for the Poor and Underserved.

Read the full article at:

<http://tigger.uic.edu/htbin/cgiwrap/bin/newsbureau/cgi-bin/index.cgi?from=Releases&to=Release&id=1352&start=1132067387&end=1139843387&to pic=0&dept=0>

Show parents how to help their children avoid HIV

"Parenting For HIV Prevention; A Presentation Kit" (EM99396)R; Spanish (EM99952)R

This engaging presentation teaches parents of 13- to 17-year-olds the nuts and bolts of HIV infection and how to prevent it from spreading, and offers steps they can take to help children make choices that keep them HIV-free.

To learn more or to place an online order, go to:

[www.channing-bete.com/presentationkits/products/99396-parent-hiv-prev.html?src=em](http://www.channing-bete.com/presentationkits/products/99396-parent-hiv-prev.html?src=em)

## **Girls and ATOD: Teen Girls Face Unique Risks for Substance Abuse**

The use of alcohol, tobacco, and other drugs among teens has been steadily declining in recent years, but a new analysis finds that girls may be at higher risk than many realize. According to Office of National Drug Control Policy (ONDCP) director John P. Walters, Seventeen magazine, and teen medical experts, girls have caught up with boys in illicit-drug- and alcohol-use rates, and now exceed boys' rates for smoking and prescription drug abuse. In addition, research has shown that drugs have a more severe physical and psychological impact on girls, and that girls may turn to substance use to deal with common issues such as depression, low self-confidence, anxiety, and weight loss.

Read the full article at:

[www.whitehousedrugpolicy.gov/news/press06/020906.html](http://www.whitehousedrugpolicy.gov/news/press06/020906.html)

Help everyone in your community avoid substance abuse with the resources at:

[www.channing-bete.com/public-health/substance-abuse-prevention.html?src=em](http://www.channing-bete.com/public-health/substance-abuse-prevention.html?src=em)

## **Benefits of Breastfeeding : Breastfeeding for Six Months Instead of Four Can Improve Respiratory Health**

New research from the University of California (UC) Davis Children's Hospital, the University of Rochester, and the American Academy of Pediatrics (AAP) Center for Child Health Research offers another reason to encourage new mothers to breastfeed. Fully breastfeeding babies for six months rather than just four had a marked impact on their respiratory health. "We found that babies who received an additional two months of full breastfeeding were over four times less likely to contract pneumonia and half as likely to suffer recurrent ear infections," said lead author Caroline Chantry, a pediatrician with UC Davis Children's Hospital. And the benefits were found to continue all the way up to age two. The findings appear in the February 2006 issue of Pediatrics.

Read the full article at:

[www.ucdmc.ucdavis.edu/newsroom/releases/archives/childrenshospital/2006/Chantry2-2006.html](http://www.ucdmc.ucdavis.edu/newsroom/releases/archives/childrenshospital/2006/Chantry2-2006.html)

Help make every new parent a more confident parent

"Caring For Your Baby -- About Newborn And Infant Care; A Parent's Handbook" (EM93213)K

This reassuring, practical guide provides helpful advice on bonding with a newborn, feeding alternatives, and bathing procedures; gives parents the how-tos for soothing a crying baby, choosing a caregiver, and baby-proofing the home; and much more.

To learn more or to place an online order, go to:

[go.channing-bete.com/wa/promotion?p=1&code=H4013](http://go.channing-bete.com/wa/promotion?p=1&code=H4013)

## **Anger and Injury: Angry People, Especially Men, at Greater Risk of Injury**

A study in the January/February 2006 issue of the Annals of Family Medicine has found that

people, especially men, are at increased risk of injury while experiencing anger. University of Missouri-Columbia researcher Dr. Dan Vinson, a professor of family and community medicine, interviewed people who had been injured about their emotional state within the 24 hours before the injury occurred. "What we found is that people who describe themselves as feeling 'irritable' have a 30 percent increased risk for getting injured, while those who are feeling hostile are doubling the risk of injury," Vinson said. The study was funded by the National Institute of Alcohol Abuse and Alcoholism, the American Academy of Family Physicians, and the Opal Lewis Fund for alcohol research.

Read the full article at:

[munews.missouri.edu/NewsBureauSingleNews.cfm?newsid=8282](http://munews.missouri.edu/NewsBureauSingleNews.cfm?newsid=8282)

Help people improve their mental and emotional health with the resources at:

[www.channing-bete.com/public-health/mental-health.html?src=em](http://www.channing-bete.com/public-health/mental-health.html?src=em)

### **Women and Heart Disease: Cholesterol in Women May Behave Differently, Mask Cardiovascular Risk**

Research published in a special supplement to the February 6, 2006, issue of the Journal of the American College of Cardiology has found that millions of American women may be incorrectly evaluated as having "clear" arteries -- and may be unaware that they are at increased risk for a heart attack. These women have a condition known as coronary microvascular syndrome, in which plaque spreads evenly through the artery wall instead of forming into major blockages. "When a diagnosis of this condition is missed, women are not treated for their angina and high cholesterol and they remain at high risk for having a heart attack," said NHLBI director Elizabeth G. Nabel, M.D. "We must think out of the box when it comes to the evaluation and diagnosis of heart disease in women." The findings come from the National Heart, Lung, and Blood Institute's (NHLBI) Women's Ischemia Syndrome Evaluation (WISE) study.

Read the full article at:

[www.nhlbi.nih.gov/new/press/06-01-31.htm](http://www.nhlbi.nih.gov/new/press/06-01-31.htm)

These practical tools help people heal from a heart attack

"Healing Your Heart; A Self-Care Handbook" (EM94352)K

Easy-to-follow advice and convenient note pages inspire heart patients to take an active role in their rehabilitation, and encourage them to quit smoking; track their diet, exercise, and medications; slowly resume normal activities; and monitor their overall progress.

To learn more or to place an online order, go to:

[go.channing-bete.com/wa/promotion?p=1&code=H4013](http://go.channing-bete.com/wa/promotion?p=1&code=H4013)

## **7. New from the Office of Juvenile Justice and Delinquency Prevention**

**Youth Service Day Celebrates Contributions of Youth**

On April 21-23, 2006, millions of youth will participate in activities marking National & Global Youth Service Day. Now in its 18th year, the observance is being coordinated by Youth Service America, a consortium of nonprofit and youth development organizations that partners with the Office of Juvenile Justice and Delinquency Prevention.

The goals of Youth Service Day are to:

- Mobilize youth to identify and address the needs of their communities through service.
- Support youth on a life-long path of service and civic engagement.
- Educate the public, media, and policymakers about the year-round contributions of young people as community leaders.

Resources:

Planning tool kits, learning service curriculum guides, and other resources are available at [www.ysa.org/nysd/index.cfm](http://www.ysa.org/nysd/index.cfm).

### **National Juvenile Services Training Institute**

On June 9-14, 2006, in Indianapolis, IN, the National Partnership for Juvenile Services (NPJS) will hold its annual National Juvenile Services Training Institute. Participants will have the opportunity to acquire training and education that will enhance service delivery in their jurisdictions.

Conference training, focus groups, and policy discussions will address such topics as juvenile detention services, community-based programs, and education of youth in confinement.

Resources:

To obtain further information, visit [www.npjs.org/Events/njsti.html](http://www.npjs.org/Events/njsti.html). Questions may be addressed to NPJS at [npjs@eku.edu](mailto:npjs@eku.edu) or 859-622-6259.

The Office of Juvenile Justice and Delinquency Prevention is a component of the Office of Justice Programs in the U.S. Department of Justice.

## **LOCAL RESOURCES**

From New Mexico Voices for Children

New Mexico Voices for Children has received data from the National Center for Health Statistics from the Right Starts report.

The full report can be accessed at:

[www.aecf.org/kidscount/sld/rightstart.jsp](http://www.aecf.org/kidscount/sld/rightstart.jsp)

Data on New Mexico only is available at:

[www.aecf.org/kidscount/sld/profile\\_results.jsp?r=33&d=1&c=rs&p=5&x=174&y=11](http://www.aecf.org/kidscount/sld/profile_results.jsp?r=33&d=1&c=rs&p=5&x=174&y=11)

Information on State Rankings is available at:

[www.aecf.org/kidscount/sld/rs\\_state\\_rankings.pdf](http://www.aecf.org/kidscount/sld/rs_state_rankings.pdf)

Sara Beth Koplik, PhD

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Each month the New Mexico Teen Pregnancy Coalition provides a review of the research and policy reports distributed by National Resources for your information only. The information, and comments expressed in this newsflash as well as any of the information distributed do not necessarily reflect the position of the NMTPC or its funders. Therefore, NMTPC assumes no responsibility for the concepts expressed in this NEWS FLASH.

## **Training Opportunities and Special Events**

### **1. Abstinence Comes to Albuquerque**

A gripping and compelling documentary following the heated controversy surrounding abstinence-only education in New Mexico and its public health impact was premiered on Sunday, April 9 at Guild Cinema in Albuquerque. A Panel Discussion followed with invited panelists including the New Mexico Secretaries of Health and Education, Bill Smith of the Sexuality Information and Education Council of the U.S. (SIECUS), Young Women United, and student and adult representation from the Socorro Abstinence Education Program. The panel was moderated by KRQE's Deanna Saucedo.

This well-balanced documentary is a case study of abstinence education coming into a public school system and creating a firestorm of controversy-- a debate typical of what is happening in other communities around the country. Forty-seven states take federal abstinence money. Few citizens are aware of the impact these dollars can have on the lives of their children.

The event was sponsored by the NM Coalition to Support Sexuality Education and The Guild Cinema.

### **2. Celebrando La Vida**

A Community Event in the heart of Albuquerque's South Valley  
Saturday, May 6, 2006  
10:00AM to 2:00PM  
TVI South Valley Campus  
5816 Isleta Blvd. SW

You and your family are invited to come and explore alternatives to a healthy lifestyle. Information will be available in both English and Spanish.

- Free Health Screenings
- Health Information and Materials
- Chair Massage
- Exercise Demonstrations
- Health Resource Guides
- Coupons for NO COST Screening for Cholesterol and Glucose
- Cooking Demonstrations
- And Much, Much More

Sponsored by the SouthWest Improvement Council for Wellness and Human Development (SWIC) For more information on the event, please call 507-4828 or visit [www.berncohealthcouncil.org/SWIC.html](http://www.berncohealthcouncil.org/SWIC.html).

### **3. NM SHARE SUMMIT 2006**

(Sexual Health And Risk Education) Collaborative

Experience the Power of a Collaborative Approach in Bringing  
Effective Principles on Prevention Education to New Mexico

Marriott Albuquerque Pyramid North  
Albuquerque, New Mexico May 3-5, 2006

We want you to leave inspired and better equipped to work with colleagues, youth, and other community members to reduce the incidence of adolescent risk-taking behaviors that result in STD and HIV infection and unintended teen pregnancy.

#### ***NO REGISTRATION FEE***

#### **SUMMIT GOAL:**

To provide a safe and equitable environment for communication and collaboration on principles of prevention related to reducing risky sexual behavior among school-age youth.

#### **OBJECTIVES:**

- To provide information on promising approaches to reduce risky sexual behavior among teens from a nationally recognized professional
- To provide an opportunity to explore and collaborate on a “common ground” in prevention principles
  - To provide an opportunity to network with adults involved in similar programs around the state

#### **WHO SHOULD ATTEND:**

This Summit is designed to provide support and training for any organization, school, or individual working to reduce risky sexual behavior in school-age youth. This includes:

- |                               |                               |
|-------------------------------|-------------------------------|
| • Youth Workers & Advocates   | • Health Practitioners        |
| • Human Service Professionals | • Public Health Professionals |
| • School Health Professionals | • Policy Makers               |

• Administrators

• Counselors

### **KEYNOTE SPEAKER**

Jacquelyn G. Sowers, M.Ed. Nationally Renowned Keynote Speaker and Facilitator In Health Promotion and Education. Jacquelyn Sowers has 35 years of experience as a consultant in human resource development, health promotion, and education. She is a writer, curriculum developer, and trainer of trainers on topics related to health promotion and education.

### **Registration Procedure**

Space is limited and is available on a first-come, first-served basis. We will not be accepting on-site registration. Registration deadline is Friday, April 28, 2006. For more information, or to register, please go to [www.nmtpc.org](http://www.nmtpc.org), find the NM SHARE link and complete the registration form and mail or fax by April 28, 2006 to:

Linda Brooks

988-C State Road 344

Stanley, NM 87056

Or fax to: (505) 286-5376

You will be contacted with confirmation information. If you do not receive a confirmation please call the Summit office to determine your registration status.

**“NM SHARE Collaborative, along with the New Mexico Teen Pregnancy Coalition, will commemorate the National Campaign Day to Prevent Teen Pregnancy, May 3, 2006, at the Summit.”**

### **4. Lt. Governor Denish Wants Your Input**

The Children's Cabinet, chaired by Lt. Governor Diane Denish, is holding a series of Town Hall meetings around the state to share their goals for the coming year and to hear from YOU what our children need most. We've listed the remaining meeting locations and times below. Please consider attending and giving your input, especially regarding the need for quality child care, full funding of Medicaid, the need for universal health care access, and any other issues of concern to you.

- **Shiprock:** Thursday, April 20, 1:30-4 p.m. @ Shiprock Chapter House
- **Farmington:** Thursday, April 20, 6-8:30 p.m. @ City Building, 3041 E. Main
- **Grants:** Friday, April 21, 1:30-4 p.m. @ Cibola County Convention Center
- **Alamogordo:** Wednesday, April 26, 6-8:30 p.m. @ Civic Center, Main Hall
- **Mescalero:** Thursday, April 27, 1:30-4 p.m. @ Inn of the Mountain Gods
- **Socorro:** Friday, April 28, 9-11:30 a.m. @ New Mexico Tech, Galena Room
- **Roswell:** Wednesday, May 17, 6-8:30 p.m. @ ENMU, Occupational Tech Center, Room 124
- **Clovis:** Thursday, May 18, 1:30-4 p.m. @ Clovis Community College, 417 Schepps Blvd.
- **Tucumcari:** Friday, May 19, 9-11:30am @ Convention Center
- **Albuquerque (2 meetings):**  
Wednesday, May 31, 1:30-4pm @ TVI Workforce Training Center, 5600 Eagle Rock  
Thursday, June 1, 9-11:30am @ Indian Pueblo Cultural Center, 2401 12th St. NW

## Message from the Young Fathers' Project

The New Mexico Young Fathers Project continues to provide needed information and services to young men age 26 and younger in several cities across New Mexico including Albuquerque, Santa Fe, Springer, Las Cruces and Anthony. The project works with approximately 120 young men per month providing case management and group services.

One young father's hard work was rewarded recently. He had been striving for nearly two and one half years to access visitation with his son. After numerous courtroom appearances representing himself, pro se, he was able to convince the judicial system that he is a good father and needs to be in his son's life.

He has made major strides in turning his life around and now has a stable existence including a full time job and consistent living accommodations. He visited the young fathers group he attended for nearly three years to report his success, and some long standing group members cheered him on in his efforts to be there for his son.

For information on the Young Fathers' Project please call:

Carl W. Dellinger  
Project Director  
(505) 254-8737  
Fax (505) 254-8741

Danny Marquez  
Albuquerque Case Manager  
(505) 254-8737  
(505) 254-8741

Barry McIntosh  
Santa Fe Site Coordinator  
(505) 699-7431

Jesus Gonzales  
Santa Fe Community Coordinator  
(505) 310-0310

Ramon Arroyos  
Las Cruces Site Coordinator  
(505) 556-1559

Gilbert Ramirez  
Clinical Oversight  
(505) 254-8737

Larry Maxey  
Therapeutic Visitation Program  
(505) 489-3034

Dave Breault, LISW  
Clinical Oversight  
(505) 266-6334

## Message from Sylvia Ruiz, Executive Director

Greetings! We've so many exciting initiatives taking place in our state! Many County Community Health Councils, including the Bernalillo County Community Health Council, continue to choose reducing teen pregnancy prevention as one of their priorities. For detailed information go to [www.berncohealthcouncil.org](http://www.berncohealthcouncil.org) or call Leigh Mason @314-0319. We applaud the work of the Councils across the state for working to improve the outcomes of our youth.

The SHARE Summit on May 3rd, 4<sup>th</sup>, and 5<sup>th</sup> will prove to be an exciting, educational experience. The New Mexico Teen Pregnancy Coalition in partnership with The New Mexico Department of Health, Public Health Division, Family Planning Program will be unveiling the **2004 Teen Birth Rate Data**, Dan Green, DOH Epidemiologist will be providing a report on the **2005 Youth Risk & Resiliency Survey**, and Dr Phillip Ganderton, Economist from the University of New Mexico will be sharing an updated **Economic Impact Study on Teen Childbearing in New Mexico**. In addition we will be promoting the National Campaign Day to Prevent Teen Pregnancy.

The Department of Children Youth and Families, Teen Parent Programs, under the leadership of the program manager Ruthie Dearing, continues to provide funding for valuable and much needed services to teen parents and their infants statewide including our New Mexico Young Fathers Project. Bravo to Ruthie for continuing this much needed service and for always advocating and trying to access funding resources for teen pregnancy prevention

The New Mexico Department of Health, Family Planning Program continues to fund six adolescent Pregnancy Prevention Sites who work to reduce or prevent teen pregnancy.

Plain Talk is being implemented in Albuquerque's South Valley. The project is a partnership between The New Mexico Department of Health, Office of School Health, Health Promotions, Family Program, The Department of Human Services, The Annie E Casey Foundation, Public Private Ventures and the New Mexico Teen Pregnancy Coalition. Kelly Garrido is the project Coordinator. She can be reached at 681-3221.

Please consider becoming a member of the New Mexico Teen Pregnancy Coalition.

Thank you for your continued support.

Sylvia Ruiz  
Executive Director  
New Mexico Teen Pregnancy Coalition  
505-254-8737  
fax-505-254-8741

Mil Gracias

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