



Hispanic Teen Pregnancy Prevention Resource Directory

NM Teen Pregnancy Coalition

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The Department of Health and Human Services (HHS) has created a toll-free bilingual health helpline. "Su Familia" **National Hispanic Family Health Helpline** will provide Hispanic families with basic health information to prevent and manage chronic conditions. The helpline will also refer them to local health providers and the Children's Health Insurance Program. The toll-free helpline is open Monday through Friday, 9 a.m. to 6 p.m. Eastern Time. The Su Familia National Hispanic Family Health Helpline can be reached at 866-783-2645/866-SU-FAMILIA

Latino Learning Links is a quarterly newsletter published by the Professional Development Academy of NCLR's Center for Community Educational Excellence (C2E2). We would like to have your input on articles and, particularly, examples of best practices in Latino education, such as curricula and other resources, instruction and methodologies, professional development, and anything else you are doing that works. If you have examples you would like to share, please email Marcy Fink Campos at mcampos@nclr.org.

<http://nclr.policy.net/proactive/newsroom/release.vtml?id=22202>

Spanish-Language Health Resources knowledge path is an electronic resource guide to current resources and information tools. This new knowledge path produced by the National Center for Education in Maternal and Child Health's MCH Library includes books, reports, journal articles, databases, discussion groups and electronic newsletters, as well as other resources. This knowledge path is for policymakers, health professionals, researchers and families who want timely information on this topic. For more information, go to: www.mchlibrary.info/KnowledgePaths/kp_spanish.html

Soy Unica! Soy Latina! is a public education initiative developed by the Substance Abuse and Mental Health Services Administration (SAMHSA) for Hispanic girls ages 9-14 and their mothers (or other caregivers). The initiative is designed to help build and enhance self-esteem, mental health, decision-making and assertiveness skills, and to prevent the harmful consequences of alcohol, tobacco and illicit drugs. www.soyunica.gov

The www.4girls.gov web site, developed by the **Office on Women's Health** in the Department of Health and Human Services gives girls between the ages of 10 and 16 reliable, current health information. The site focuses on many health topics that respond to adolescent girls' health concerns and motivates girls to choose healthy behaviors using positive, supportive and non-threatening messages.

Hablando con los Niños Sobre Temas Difíciles (Talking With Kids About Tough Issues) National initiative by Children Now and the Kaiser Family Foundation to encourage parents to talk with their children earlier and more often about tough issues like sex, violence, drugs, and respect. English and Spanish versions are available. <http://www.talkingwithkids.org/twk-booklet-spanish.pdf>

Mexfam mission is to provide quality and avant-garde services in family planning, health and sexual education, focusing especially on the vulnerable populations in Mexico: young people and the poor. Educational materials are available in Spanish.

http://www.mexfam.org.mx/catalogo1/index_ing.htm

The National Council of La Raza (NCLR) is a private, nonprofit, nonpartisan, tax-exempt organization established in 1968 to reduce poverty and discrimination, and improve life opportunities for Hispanic Americans. [2003 NCLR Publication Catalog](http://www.nclr.org/publica/publicationsguide2003.pdf). <http://www.nclr.org/publica/publicationsguide2003.pdf>

The National Alliance for Hispanic Health (the Alliance) is the Nation's oldest and largest network of Hispanic health and human services providers.

<http://www.hispanichealth.org>

Hispanic Teen Pregnancy Prevention: Research Documents

Latino Children Kids Count Pocket Guide

State-Level Measures of Child Well-Being 2000 Us Census.

www.prb.org

National Vital Statistics Reports. Births: Preliminary Data for 2002. Volume 51, Number 11. http://www.cdc.gov/nchs/data/nvsr/nvsr51/nvsr51_11.pdf

Teen Sexual Activity, Pregnancy, and Childbearing among Latinos in the United States. The National Campaign to Prevent Teen Pregnancy. April 2003. <http://www.teenpregnancy.org/resources/reading/pdf/latinofs.pdf>

The State of Hispanic Girls. The National Alliance for Hispanic Health (the Alliance) <http://www.hispanichealth.org/pdf/stateofgirls.pdf>

The Road to a College Diploma: The Complex Reality of Raising Educational Achievements for Hispanics in the United States.

September 2002

<http://www.yic.gov/paceea/press/interim.html>

www.ed.gov/PressReleases/04-2003/04092003a.html

Mexican-origin Migration In the U.S. and Mental Health Consequences.

May 2002, Michigan State University

<http://www.jsri.msu.edu/RandS/research/ops/oc40abs.html>

A Primer for Cultural Proficiency: Towards Quality Health Services for Hispanics. Workbook: Tools and Resources for Self-Assessment September 2001. National Alliance for Hispanic Health.

http://www.hispanichealth.org/pub_cultural.lasso

NM Department of Education: DROPOUT STUDY 2000-2001. November 2002.

<http://www.sde.state.nm.us/div/ais/data/resources/dl/00dropout.pdf>

2002 NATIONAL SURVEY OF LATINOS. Pew Hispanic Center/Kaiser Family Foundation. December 2002.

www.pewhispanic.org/site/docs/pdf/LatinoReportExecSumandSectionOne.pdf

Left Unsupervised: A Look at the Most Vulnerable Children. April 2003
By Sharon Vandivere, M.P.P., Kathryn Tout, Ph.D., Jeffrey Capizzano, M.A., and
Martha Zaslow, Ph.D. www.childtrends.org.

The Hispanic Population in the United States. March 2002. Issued June 2003.
U.S. Department of Commerce Economics and Statistics Administration. U.S.
CENSUS BUREAU. <http://www.census.gov/prod/2003pubs/p20-545.pdf>

Fact Sheet on Latino Youth. Center for Reproductive Health Research and
Policy and The Institute for Health Policy Studies, University of California, San
Francisco. November 2002.
<http://reprohealth.ucsf.edu/articles/Latino.imm.pdf>

**Resources for Educators and Trainers- Parent-Child Communication about
Sexuality for Asian/Pacific Islander, Latino, and Native American Families.**
Barbara Huberman and Kristen Bumpus. *Advocates for Youth*.
<http://www.advocatesforyouth.org/publications/pccapilatinona.pdf>

Hispanic Teen Pregnancy Prevention: Brochures and Pamphlets

El embarazo en la adolescencia en NM (Teen Pregnancy in NM) New Mexico Teen Pregnancy Coalition. www.nmtpc.org

Talking With Kids: A Parent's Guide to Sex Education. National PTA. available in English and Spanish. www.pta.org

¿Tienes una amiga que puede estar embarazada? (Do You Have a Friend Who Might Be Pregnant?). Adolescent Pregnancy Prevention Coalition of NC. www.appcnc.org

Padres y madres, es hora de hablar (Parents, it's time to talk) Adolescent Pregnancy Prevention Coalition of NC. www.appcnc.org

Tener un bebé en los EE.UU.....¿es la solución? (Having a Baby in the US....is that the Solution?) Adolescent Pregnancy Prevention Coalition of NC. www.appcnc.org

Los consejos de la abuelita (Grandma's Wisdom) Hispanic-Latino Initiative. U.S. Department of Health and Human Services. www.soyunica.gov/adults

¿Quién Soy? (Who am I?) Hispanic-Latino Initiative. U.S. Department of Health and Human Services. www.soyunica.gov/adults

La niña que soy (The Girl That I Am) Hispanic-Latino Initiative. U.S. Department of Health and Human Services. www.soyunica.gov/adults

Papá, ¿Puedes hablar conmigo? (Daddy, can you tell me... Helping Your Young Child Learn About Sexuality) Planned Parenthood Mar Monte

La Pubertad (Puberty) Planned Parenthood of Mar Monte.

Talk To My Parents? Planned Parenthood of Mar Monte.

Consejos a los padres para prevenir el embarazo en la adolescencia.
National Campaign to Prevent Teen Pregnancy. www.teenpregnancy.org

Nueve consejos para ayudar a lideres espirituales (Nine Tips To Help Faith Leaders and Their Communities Address Teen Pregnancy)
National Campaign to Prevent Teen Pregnancy. www.teenpregnancy.org

Hispanic Teen Pregnancy Prevention: Books Published In Spanish

The Spirit of Culture - Applying Cultural Competency to Strength-based Youth Development. Assets for Colorado Youth.

www.buildassets.org

SEXO...¿Qué es? (It's Perfectly Normal) Robie H. Harris.

www.nmtpc.org

Hablemos acerca del..... s-e-x-o (Let's Talk About.... s-e-x: a guide for people 9 to 12 and their parents). www.nmtpc.org

Guía para una educación sexual integral para la juventud hispana/Latina (Guidelines for Comprehensive Sexuality Education for Hispanic/Latino Youth). National Guidelines Task Force, SEICUS, 1995.

Adolescentes como padres: La jornada de tu embarazo y el nacimiento de tu bebé (Teen Parenting: Your Pregnancy and Newborn Journey). Jeanne Warren Lindsay, Jean Bruelli, PHN. Morning Glory Press, 1994.

<http://www.morningglorypress.com>

Primer encuentro: Un diálogo para la prevención del embarazo adolescente en la comunidad latina (First Talk: A Teen Pregnancy Prevention Dialogue Among Latinos). Bronwyn Manden, Wendy Castro, Megan Anniatto. CWLA Press, 1999. <http://www.cwla.org/>

Nuestros Cuerpos, Nuestros Vidas (Our Bodies, Ourselves). The Boston Women's Health Book Collective. <http://www.sevenstories.com/>

Es Alucinante! A book about Eggs, Sperm, Birth, Babies, and Families.

www.nmtpc.org

Hispanic Teen Pregnancy Prevention: Spanish Curricula

¿Conversamos? Can We Talk? Helping Families Talk About Self-Esteem, Sex and Peer Pressure. This program helps parents of children in grades four through eight enhance their role as sexuality educators of their children. It is a four-part workshop series on self-esteem, puberty, sexuality, mixed messages, and peer pressure. Each class contains information for a one-hour interactive discussion, home activities between parents and children, and videos that focus on communication. The set includes a planning and training manual, a family activity book, and a video. *National Education Association / Health Information Network.* www.nea.org

Crecer Juntas (Growing Together) A Sexuality Education Program for Girls Ages 9-11 and Their Parents. . It consists of five one-and-a-half- to two-hour sessions to help parents and their daughters nine to 11 years of age learn new information and develop the skills they need to talk about sexuality issues. Topics include anatomy, puberty, and communication. *Girls Inc.* <http://www.girlsinc.org/>

Nosotras Viviremos This curriculum consists of two parallel training manuals: one addressing the issues and concerns of farm-working mothers/mentors and the other addressing the issues of pre-adolescent and adolescent farm-working girls. Each consists of six units, including basic HIV/AIDS/STD information, exercises, stories, and handouts. The curricula are designed to help participants explore self-identity and to use self-reflection to address the reality of sexuality, HIV, and STDs in their lives. *The National Coalition of Advocates for Students.* <http://www.ncasboston.org/projects/nosvivir.htm>

Querer/Poder Decir "No" (Will Power/Won't Power) A Sexuality Education Program for Girls Ages 12-14 on reproductive health, assertiveness, sexual pressures, values, abstinence, and decision making. Originally designed to help girls who were likely to be facing decisions about sexual intercourse but who had not yet become sexually active, it has been revised to address sexual decision making for girls who are sexually experienced. *Girls Inc.* <http://www.girlsinc.org/>

TOP-E / Cambios (The Teen Outreach Program) is a program for young people ages 12 to 17 based on the principles of youth development, an approach that seeks to prevent problem behaviors by providing the supports adolescents need to develop into healthy adults. *Cornerstone Consulting Group, Inc.* <http://www.cornerstone.to/top/tope.html>

El fortalecimiento de las familias: Programa para padres hispanos

(Strengthening Familias: A curriculum for Hispanic Parents) This curriculum focuses on strengthening Hispanic parents' skills (within a context of cultural and societal transition) in leading the family; understanding children's physiological development; and communicating values to children about postponing sex and promoting behaviors which support their health and well-being. *National Alliance for Hispanic Health*. http://www.hispanichealth.org/pub_family.lasso

Jovenes Sabios (Wise Guys: A Male Responsibility Program) A flexible eight- to ten-week program designed for use with young men ages 10-19 years old, *Wise Guys* focuses on sexual responsibility, family communication, and positive life options, setting goals, self-esteem, values, parenthood, and making decisions. *Family Life Council of Greater Greensboro*. flcgso.com

Como Planear mi Vida (Life Planning Education) family life education program includes chapters on sexuality, relationships, health, violence prevention and community responsibility as well as chapters on skills-building, values, self-esteem, parenting, employment preparation and reducing sexual risk. Packed with interactive exercises, supplemental leaders' resources, participant handouts and a complete guide to implementation, this resource is appropriate for use in schools and other settings for sexuality/life skills education, HIV prevention education, and pregnancy prevention. *Advocates for Youth*. <http://www.advocatesforyouth.org/publications/lpe/index.htm>